

Please be at school  
on time.

Entry bell is at 8:55.

Supervision at 8:40

# January 2016

School Phone 905-775-9691

Safe Arrival Extension 1

Office Extension 0

For School Bus Information

http://

[www.simcoecountyschoolbus.ca/](http://www.simcoecountyschoolbus.ca/)

Sun Mon Tue Wed Thu Fri Sat

## DAILY SCHEDULE

8:55 Entry Bell

8:55—10:35

1st Instructional Block

10:35—11:15

Recess and Nutritional  
Break

11:15—12:55

2nd Instructional Block

12:55—1:35

Recess and Nutritional  
Break

1:35—3:15

3rd Instructional Block

3:15 Dismissal

**Dental**

**Screening**

January 28 —

February 4



# Happy New Year



1

4

Welcome Back  
New Pizza forms  
coming soon!

5

6

NO PIZZA  
French Parent  
Information  
Night 6:30pm

7

Ski Day Postponed  
See Jan. 21st

8

11

12

13

NO PIZZA

14

Bradford DHS  
Parent Info. Night  
6:30 p.m. at BDHS

15

Hot Dog Day

18

19

20

21

 **Snow Valley**  
**Ski Day**

22

25

26

27

Kindie  
Registration

28

Kindie  
Registration

29

PA Day  
No School

## Planning for School

We are asking all parents to please make sure your child has all of the appropriate out-door clothing they need as well as lunches, agendas, etc. before leaving for school. This will help alleviate the heavy traffic through the front door. Also, please ensure they have a change of clothes.

## Social Media

Please visit the website  
regularly

<http://whd.scdsb.on.ca>

Twitter:

School:

[@whdayes](https://twitter.com/whdayes)

Principal:

[@whdayprincipal](https://twitter.com/whdayprincipal)

## IMPORTANT DATES

**Family Day** - Feb 15

**March Break**

Mar. 14-18

**Good Friday** - Mar. 25

**Easter Monday** - Mar. 28

**Victoria Day** - May 23

**P.A. Day** - June 10

**Last Day of School**

June 29

**Peter McKenna**

**Principal**

# W. H. Day Elementary School

410 Maplegrove Avenue  
Bradford, Ontario L3Z 2V4

(905) 775-9691

**Jacqueline Linton**

**Vice-Principal**

## **SNOW VALLEY SKI DATE CHANGE** **THE JANUARY 7TH SNOW VALLEY** **SKI DAY HAS BEEN CHANGED TO** **JANUARY 21ST.** **Due to Lack of Snow**

### **Kindergarten Registration** **Starts January 25**

Do you or someone you know have a child who was born in 2012? If so, it's almost time to register them for Kindergarten in the SCDSB! Beginning on January 25, 2016, Simcoe County's public schools will be registering children for Kindergarten for the 2016-2017 school year. Required registration documents include birthdate documentation, proof of address and record of immunization. For more information, visit [www.scdsb.on.ca/kindergarten](http://www.scdsb.on.ca/kindergarten).

### **Free International Languages program starting in** **January, limited spaces available**

Would your child like to learn a new language or maintain their native language? The International Languages program is open to any student in Grades 1 to 8. Classes run Saturday mornings from 9 to 11:30 a.m. There is currently space in the following classes: Spanish in Bradford; Beginner Mandarin, German, Spanish and Greek in Barrie. In-person registration at Barrie and Bradford Learning Centres takes place on Saturday, January 9, 2016 at 9 a.m. Registration will be filled on a first-come, first-served basis as there are limited spaces available.

For more information, visit  
[www.thelearningcentres.com](http://www.thelearningcentres.com)

### **Provide input on proposed 2016-2017 school** **year calendar**

The Simcoe County District School Board (SCDSB) invites public school communities to submit input regarding the proposed school year calendar for next school year (Sept. 2016 to June 2017). Input can be provided by visiting [HERE](#).

All stakeholders including staff, school council members, parents/guardians, students and members of the school community are invited to provide input. **Feedback is invited until Jan. 15, 2016** to ensure the SCDSB meets school year calendar development timelines set by the Ministry of Education.

### **English as a Second Language – Register now** **for winter sessions**

Do you or someone you know want to improve your English language skills? The SCDSB Learning Centres can help. English as a Second Language (ESL) classes for adults are offered at the Bradford Learning Centre. [www.thelearningcentres.com](http://www.thelearningcentres.com) or call for more information: Bradford: 905-775-4432

### **Recognize a STAR at your school!**

Our employee recognition program, SCDSB STARS, provides the opportunity for members of the school community to nominate an outstanding SCDSB teacher, custodian, educational assistant, early childhood educator, administrator, office staff person, etc. who has done something wonderful to support students in our system. Nominate an outstanding staff person by visiting [www.scdsb.on.ca](http://www.scdsb.on.ca) and clicking on 'Staff', then 'SCDSB Stars.'

### **Message from the Simcoe Muskoka District Health** **Unit: Blast off with breakfast!**

Eating breakfast is one of the surest ways to get your family off to a positive start to their day. Both researchers and educators think breakfast is both important and necessary to support the learning potential of children.

Breakfast does not have to be complicated – here are some quick breakfast fixes:

- Whole wheat tortilla wrap with cheese and salsa
- Rice cakes, cheese sticks and canned peaches
- Smoothie shake made with fruit, yogurt and milk
- Cereal trail mix, banana and yogurt
- Whole wheat pita spread with light cream cheese and wrapped around a banana

With these breakfast ideas the whole family will rise, shine and save time! For more information, you can call Health Connection at 705-721-7520 or 1-877-721-5720 and speak with a public health nurse or visit the health unit's website at [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org).

### **Message from the Simcoe Muskoka District** **Health Unit: What's the deal on sleep?**

Getting enough sleep is a big deal for children. Sleep is important for normal brain development, physical growth and development and emotional control. Children 3 to 12 years of age should get 10 to 12 hours of quality sleep.

A lack of sleep can lead to:

- Behavioural problems, hyperactivity, poor memory and attention
- Irritability, frustration and even aggression
- Weight gain due to an increased appetite.

Here are some tips to help develop healthy sleeping habits:

- Set up a consistent bedtime routine
- Limit screen time (i.e. TV, laptops, iPod) or collect devices before bedtime
- If your child has difficulties staying asleep, speak with your healthcare provider.

For more information visit: <http://www.aboutkidshealth.ca/En/HealthAZ/HealthandWellness/Sleep/Pages/default.aspx>