

Please be at school on time.

Entry bell is at 8:55.

Outside Supervision

# March 2018

School Phone 905-775-9691

Safe Arrival Extension 1

Office Extension 0

For School Bus Information

<http://www.simcoecountyschoolbus.ca/>

School Zone South

	Mon	Tue	Wed	Thu	Fri	
	<b>Kiss and Ride</b> Our new Kiss and Ride Protocol is now in place. Thank you to everyone for your patience and input. Also, a big thank you to our volunteers who have braved the cold temperatures and snow to help make sure everything runs smoothly.			1	2	<p>The West gate entrance to the school is only locked when it has been deemed unsafe for walking due to weather conditions. Thank you for your patience in accessing our school by our East entrance.</p> <p>Staff, students and visitors are reminded to please stay on clear and salted walkways and use these entrances and exits only. Please wear proper indoor and outdoor shoes and report any concerns regarding ice safety to the office immediately.</p> <p>The Pay It Forward Bracelets program is being conducted at WHD with success. Thank you students for partaking in performing acts of kindness to each other.</p> <p>Our students were exemplary in the Bradford Lions' Speeches competition and volleyball tournament hosted at our school just to name a few. Keep up the great dedication!</p>
	5	6 Snow Valley Day 2	7 Pizza Day	8	9	
	12	13	14	15	16	
						
	19	20	21 Pizza Day	22	23	
	26	27	28 Pizza Day	29	30 Good Friday No School	
<p><b>Important Dates</b></p> <p><b>Easter Monday</b> April 2</p> <p><b>PA Day</b> April 27</p> <p><b>PA Day</b> May 18</p> <p><b>Victoria Day</b> May 21</p> <p><b>PA Day</b> June 1</p> <p><b>Last Day Of School</b> June 28</p>						

## Grade 8-9 Transition

As students progress from elementary school to secondary school, important personal student information is shared which eases each student's transition to secondary school. Sharing this information also improves our ability to program effectively to benefit all students. Select student information will be shared at different times as appropriate. The collection and use of personal student information for such purposes is authorized under Sections 170, 171, 190 Part X and Part XIII, of the *Education Act*. Please note that all information used for the transition process is limited, secure and protected at all times. Please contact Daryl Halliday, Superintendent of Education for this area, if you would like more information about the transition process at W. H. Day.

### Child care programming available for March Break

The Simcoe County District School Board (SCDSB) supports your child care needs by offering full-day child care programs in select schools across Simcoe County on PA Days and school holidays. Over 30 of our schools offer child care programs for children from Junior Kindergarten to 12 years of age, including care over March Break (March 12 to 16). The daily fee is \$34.20 and a fee subsidy may be available to families who qualify. Registration in advance is required. Please contact the child care operator directly to register. More information and contact numbers can be found at [www.scdsb.on.ca](http://www.scdsb.on.ca) – click on 'Schools' and then 'Before & After School Care.'

### Parents invited to information sessions about special education

The SCDSB is hosting a series of information sessions for parents/guardians to learn about special education in the SCDSB, and how to support students with special education needs.

**March 19** Accessing Supports in the Community **April 16** Understanding Alternative/Non-Academic IEP Goals All sessions take place from 6 to 7 p.m. at the SCDSB Education Centre, located at 1170 Highway 26 in Midhurst. No registration required.

### New Path offering child and youth mental health walk-in clinics

New Path now offers Child and Youth Mental Health Walk-In Clinics in five office locations throughout Simcoe County: Alliston, Barrie, Bradford, Collingwood and Orillia. The Walk-In Clinic provides a single session to children, youth and families who require support for emotional, relationship or behavioural challenges. The Walk-In Clinic can be accessed by children, youth and families as often as they require support. Children, youth and families can self-refer by attending one of the walk-in clinic locations across the county. Dates and times of the clinics are posted on the New Path website ([www.newpath.ca](http://www.newpath.ca)). For more information, contact New Path's Central Intake Department at 705-725-7656 or from the 905 area code in Simcoe County by calling 1-866-566-7656.

### Gilbert Centre programs for LGBTQ2S youth and families

The Gilbert Centre is a community-based, not-for-profit, charitable organization that provides programs and services to serve lesbian, gay, bisexual, transgender individuals and families in Simcoe-Muskoka. Visit the Centre's website at [www.gilbertcentre.ca](http://www.gilbertcentre.ca) for more information about these programs:

- **LGBTQ2S Youth Connection drop-in groups** LGBTQ2S Youth Connection is a drop-in and social space for lesbian, gay, bisexual, queer, 2spirit, trans, asexual etc. and questioning youth. Groups are a place for youth to connect with each other and to community. Groups take place in Barrie, Midland and Orillia.

**Parenting LGBTQ Youth sessions** These free sessions, 'Parenting LGBTQ Youth,' are offered in April, May and June in Alliston, Barrie, Collingwood and Orillia. Dinner is provided. To reserve your spot, contact Jake at [jakef@gilbertcentre.ca](mailto:jakef@gilbertcentre.ca) or 705-722-6778 ext. 107.

### Packing a healthy school lunch

A school lunch should give children the energy and nutrients they need to be ready to learn, be more alert and perform better at school. When planning lunches keep these tips in mind: include one serving from at least three of the four food groups from Canada's Food Guide

- rather than buying pre-made lunch kits, make your own healthy lunch kit with divided containers and small, bite-sized cheese cubes, cooked chicken chunks, veggie sticks or fruit slices

- get your kids to eat more veggies - send cucumber coins, zucchini sticks and pepper strips with dip

- fill whole wheat or multigrain wrap/pits/tortilla shells with your child's favourite foods such as hummus and grated carrot or sliced turkey with honey mustard

don't have them drink their fruit...send water instead

Looking for more information to help keep you and your family healthy? Call Health Connection at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org). *Information provided by the Simcoe Muskoka District Health Unit*

### Get active and energized this March Break

March Break is the perfect opportunity to get your kids off their screens and moving! Children are spending less time being active and only seven per cent of Canadian kids get enough exercise. Health Canada recommends children and youth get 60 minutes of physical activity every day. Getting our daily dose of exercise not only helps to prevent health risks, it builds strong muscles and bones, develops positive body image and supports mental health. Here are ideas to get you and your kids moving this March Break:

- Get outside and enjoy some fresh air as you explore your local trails, parks and toboggan hills, or build a snowman!

- Make a splash at a local community pool like the YMCA of Simcoe/Muskoka. Day passes are available for families to take advantage of recreational swimming. For older kids, March Break is the perfect time to enrol in aquatic leadership programs such as Bronze Medallion or National Lifeguard training.

Train as a family by signing up for the YMCA's *Move to Give* fundraising event, happening on April 7. Challenge the whole family to start training for a 5K run, indoor cycling or a triathlon and continue training together until the event. It will keep the entire family focused on a goal and it's all for a great cause – supporting your community! For more information, visit [www.movetogive.ca](http://www.movetogive.ca). Skating is a great sport for all ages – it's low impact and helps improve coordination and balance. Check your local public arenas for family skate times.

March Break is a great time to create healthy daily habits for your children and the entire family. The YMCA of Simcoe/Muskoka offers many opportunities to get fit as a family over the March Break. For more information, visit your local YMCA or [www.ymcaofsimcoemuskoka.ca](http://www.ymcaofsimcoemuskoka.ca). *Information provided by the YMCA of Simcoe/Muskoka*

# School Council Corner

## Last Month's Review

February was a wonderful month! At the beginning of the month School Council put on a wonderfully attended and well received movie night. The children and the parents watched a Pixar classic called Coco, it was a great night. We want to thank everyone who volunteered at this event, and everyone who came out, because without them this would have never happened.

School council is a great place to continue to build our school community. Just coming out to the meetings gives you a voice into the community of the school. We are well into our second half of this school year and still have a lot of wonderful events coming up! If you are interested in volunteering, the time is right. Look at all the events that are ongoing or are in the planning stages even now. School Council has many volunteer opportunities that will enrich and help out the school. If you have already signed up to volunteer for "something" but were unsure where to volunteer, this newsletter may help you.

## Three Upcoming Events Where You Can Plug In

### Big Box of Cards Wrap Up

We have had great success with our Big Box of Cards fundraiser! We are looking forward to the bulk of our orders coming in on March 5, 2018. If you are interested in tracking, organization and delivery this might be a great place for you to get involved. We are raising money for schoolyard improvements, like a permanent sun shelter for the hot sunny days that are thankfully right around the corner.

Dates for volunteering: March 5 during the school day and March 28 and 29 evenings for Big Box of Cards order pick up.

### Shave For the Brave

W. H. Day is shaving in support of young adults with cancer. We are privileged to host this amazing empathy and awareness event. On April 6, we will host a rally about the event and on June 5 we will host the actual event. This high energy, really celebratory event is wonderful to be involved with and brings joy and excitement as the community of W. H. Day comes together for a good cause.

### Spirit Day

On June 13, 2018 from 5:00 – 7:30 we are hosting our annual spirit day. This is a fun evening for the entire school community. This evening event is a perfect place to get involved. We encourage any parent who wants to engage in school building activities but is not available during the day to come and volunteer here.

**Or just come to our next meeting April 5, @ 6:00 PM**

**To volunteer, or to ask questions:**

**Contact us:** Facebook @WH Day Elementary School Parents Council

**Email us:** [councilchairwhd@scdsb.on.ca](mailto:councilchairwhd@scdsb.on.ca)