

# W.H. DAY ELEMENTARY SCHOOL

## NOVEMBER NEWSLETTER

**Calendar:** Please refer to the calendar on the website for updated important dates and events.

### **Bus cancellation information reminder**

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium's bus information website at [www.simcoecountyschoolbus.ca](http://www.simcoecountyschoolbus.ca). Our school is in the **SOUTH** zone. When buses are cancelled, schools remain open for student learning, unless otherwise noted.

The Consortium and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter @SCSTC\_SchoolBus for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions>

For school event cancellations in case of inclement weather, follow our school's Twitter account @WHDayES or @whdayprincipal or listen to your local radio station for event cancellation information.

Our school has moved to an automated safe arrival system. The first parent/guardian listed in the student file will receive an automated call on days when buses are cancelled if their child isn't at school. The recording will tell you that you do not need to call the school back unless your child should be at school.

### **SCDSB's new Holy Days and Holidays Calendar now available**

The students and staff of the SCDSB represent a rich diversity of faith traditions. The Holy Days and Holidays calendar helps identify some of the important days of commemoration, however it isn't designed to be a complete listing of religious days. Students and staff from a particular faith background may or may not be absent from school on these special days. If they do attend, certain accommodations may be required.

To view the July 2017 - December 2018 calendar, visit [www.scdsb.on.ca](http://www.scdsb.on.ca), click on 'Schools,' 'School Year Calendars' and then 'Holy Days and Holidays Calendar.' You can also learn more the significant faith dates that the SCDSB recognizes.

### **November 12 to 18 is National Addiction Awareness Week**

Nov 12 to 18 is National Addiction Awareness Week. The SCDSB will be marking this week by providing schools with a variety of resources to increase awareness and education among staff and students. We hope that your child will share some of what they are learning this week and we have included some helpful resources to support you in conversations you might be having with your kids:

- [www.participation.com/en-ca/programs/unplug-and-play](http://www.participation.com/en-ca/programs/unplug-and-play)
- <http://parentactionondrugs.org>
- [www.drugfreekidscanada.org](http://www.drugfreekidscanada.org)
- [www.camh.ca](http://www.camh.ca)

### **Eye See...Eye Learn program offers free glasses for Junior Kindergarten students**

The *Eye See...Eye Learn* program provides comprehensive eye exams by local optometrists to Junior Kindergarten (JK) students. The eye exams are covered under the Ontario Health Insurance Plan (OHIP) when parents show their child's health card. There is no out-of-pocket cost for the eye exam and if the

child requires a pair of glasses, they will receive them free of charge courtesy of a participating optometrist. For more information, visit [www.Eyeseeeylearn.ca](http://www.Eyeseeeylearn.ca).

### **OHIP+ provides free prescription drug coverage for children**

Beginning Jan. 1, 2018, the province will provide free prescription drug coverage for children and youth aged 24 and under, regardless of family income. Under OHIP+, Ontario children and youth will have access to over 4,400 medications and other drug products. Enrollment in OHIP+ will be automatic, based on age. There are no upfront costs, no co-payment and no annual deductible. Those who are eligible for OHIP+ will only need their health card number and a valid prescription from their doctor or nurse practitioner when they visit their pharmacist. For more information, visit: [www.ontario.ca/page/learn-about-ohip-plus](http://www.ontario.ca/page/learn-about-ohip-plus).

### **Nutri-eSTEP can help your family encourage healthy eating habits**

Are you a parent of a Kindergarten student? Do you sometimes worry about your child's healthy eating? Nutri-eSTEP can help! Check out [www.smdhu.org/Nutri-eSTEP](http://www.smdhu.org/Nutri-eSTEP). You answer 17 questions to find out what's going well and what to work on to keep your child healthy. Nutri-eSTEP is a questionnaire for parents with children aged 18 months to five years of age. When you help your children learn how to eat healthy, move more and limit time spent sitting, you make a difference to their lifelong health. For more information, call Health Connection weekdays from 8:30 a.m. to 4:30 p.m. at 705-721-7520 or toll free 1-877-721-7520.

*Information provided by the Simcoe Muskoka District Health Unit*

### **It's time to update your child's immunization records**

The Simcoe Muskoka District Health Unit is required to keep up to date immunization records for all students who attend elementary or secondary school in the County of Simcoe and the District of Muskoka. Parents are responsible for reporting immunizations to the health unit each time their child receives a vaccine from their health care provider. It's easier than ever to update your child's immunization status. Go to [www.smdhu.org/immsonline](http://www.smdhu.org/immsonline) to update your child's record, or call Health Connection at 705-721-7520 or 1-877-721-7520.

*Information provided by the Simcoe Muskoka District Health Unit*

### **Celebrate peace in your community: Peace Week is Nov. 18 to 25**

November is a month of reflection and gratitude. The sight of poppies and wreaths serve as a reminder of the brave men and women who have fought for peace and freedom.

The month of November also celebrates a nationwide YMCA initiative called Peace Week, from November 18 to 25. This is a time when we can celebrate the presence of peace in our local and global communities. Peace Week offers activities and opportunities for people of all ages to explore peace from personal, community and global perspectives. Simple actions like sharing, being patient or smiling and saying hello can have a far greater impact than we think.

As an advocate for peace, the YMCA invites everyone to be part of the conversation. Share something you do to foster peace in your home, school, workplace or community. Join in spreading kindness throughout our community with "Be Kind Bells." These bells will be hidden in locations throughout our

community. If you find one, perform one kind act, then hide the bell for someone else to find. Share on social media using #YMCAPeaceWeek with the location where you found the bell, your kind act and encourage someone else to do the same!

Visit <http://ymcaofsimcoemuskoka.ca/ymca-international/peace-week/> for more information.

*Information provided by the YMCA of Simcoe/Muskoka ([www.ymcaofsimcoemuskoka.ca](http://www.ymcaofsimcoemuskoka.ca))*